

Event: 75M H, Heat 1 (U15, U15G)				
Pos	Name	Club	Cat	Perf.
1	Liberty Thornton	Cannock & Stafford	U15	12.6
2	Hannah Bell-Hartley	Cheltenham & Co. Harriers	U15G	13.4

U15G

Event: 80M H, Heat 1 (U15, U17W)				
Pos	Name	Club	Cat	Perf.
1	Nick Wilson	Solihull & Small Heath	U15	12.4
2	Francesca Courtney	Cheltenham & Co. Harriers	U17W	13.2

Mixed men/ladies

Event: 100M H, Heat 1 (JL, SL)				
Pos	Name	Club	Cat	Perf.
1	Ashley Helsby	Liverpool Harriers	JL	14.3
2	Caryl Granville	Carmarthen Harriers	SL	14.5
3	Helen Hanstock	Cheltenham & Co. Harriers	SL	16.8

All ladies

Event: 100M, Heat 7 (SM, U17, M40)				
Pos	Name	Club	Cat	Perf.
1	Russell Hingley	Unattached	SM	12.1
2	Daniel Owen	Cheltenham & Co. Harriers	U17	13.2
3	Eli Barnett	Sutton	M40	13.2
4	Carsten Adams	Cheltenham & Co. Harriers	U17	13.3
5	Yesper Adams	Cheltenham & Co. Harriers	U17	13.3

mixed males

Event: 100M, Heat 6 (SM, U17, M45, JM)				
Pos	Name	Club	Cat	Perf.
1	Edwin Grey	Unattached	SM	11.5
2	Imam Qazi	Team Bath	SM	12.0
3	Jacob White	Yate	U17	12.1
4	Donald Brawn	Sutton	M45	12.1
5	Edward Lantzoz	Newport Harriers	JM	12.2

Mixed males

Event: 100M, Heat 5 (JM, U17, SM)				
Pos	Name	Club	Cat	Perf.
1	Gareth Hopkins	Cardiff AAC	JM	11.1
2	Alex Bradnick	Worcester AC	U17	11.4
3	Oliver Edwards	Newport Harriers	U17	11.5
4	Joel Clutterbuck	Stroud & District	U17	11.6
5	Tom Berry	Team Southampton	SM	11.9
6	Sam Benfield	Witney RR	JM	12.3

Mixed males

Event: 100M, Heat 4 (U17, U15, U15B)				
Pos	Name	Club	Cat	Perf.
1	Kacey Garraway	Stroud & District	U17	12.1
2	Tom Pontin	Yate & District	U15	12.6
3	Andrew Scull	Cheltenham & Co. Harriers	U15B	12.8
4	Patrick Sekinger	Cheltenham & Co. Harriers	U15B	13.3
5	Adam Thrall	Gloucester AC	U15	13.6
6	Jack Olliffe	White Horse H	U15	13.7

U15/U17s

Event: 100M, Heat 3 (U13B, U15B)				
Pos	Name	Club	Cat	Perf.
1	Chris Bell-Hartley	Cheltenham & Co. Harriers	U13B	14.5
2	James Curran	Witney RR	U13	14.8

U13Bs ?

3	Carwyn Penny	Newport Harriers	U13	14.9
4	Linton Gardiner	Cheltenham & Co. Harriers	U13B	15.0
5	Harry Johnson	Unattached	U13	15.1
6	Ian Moore	Cheltenham & Co. Harriers	U15B	15.4
7	Harrison Iddles	Cheltenham & Co. Harriers	U13	16.4

Event: 100M, Heat 2 (U17, U17W)				
Pos	Name	Club	Cat	Perf.
1	Sophie Clifford	Stroud & District	U17	12.7
2	Emma Davies	Worcester AC	U17	13.7
3	Francesca Courtney	Cheltenham & Co. Harriers	U17W	14.1

U17W

Event: 100M, Heat 1 (U13G)				
Pos	Name	Club	Cat	Perf.
1	Katie Debonis	Cheltenham & Co. Harriers	U13G	14.0
2	Louise Ward	Cheltenham & Co. Harriers	U13G	14.1
3	Emily Oswald	Cheltenham & Co. Harriers	U13G	14.3
4	Katie Foward	Cheltenham & Co. Harriers	U13G	14.3
5	Stephanie Beardsmore	Cheltenham & Co. Harriers	U13	14.5
6	Megan Bishop	Cheltenham & Co. Harriers	U13G	15.1
7	Emmanuel Poulson	Unattached	U13	18.1

U13G

Event: 100M, Heat 3 (U15, U15G, U17, M45)				
Pos	Name	Club	Cat	Perf.
1	Katie Stanton	Solihull & Small Heath	U15	13.3
2	Harriet Sawle	Cheltenham & Co. Harriers	U15G	13.6
3	Lauren Oswald	Cheltenham & Co. Harriers	U15G	13.6
4	Jade Allard	Worcester AC	U15	13.8
5	Megan Humphreys	Worcester AC	U17	14.2
6	Heather Paton	Worcester AC	U15	14.4
7	Huw Vaughan	Unattached	M45	14.8
8	Shannon Crewe	Stroud & District	U15	15.0

Mixed females/ 1M45 vet

Event: 200M , Heat 9 (SM, M45, U17, M40)				
Pos	Name	Club	Cat	Perf.
1	William Merrett	Cheltenham & Co. Harriers	SM	23.9
2	Donald Brawn	Sutton	M45	24.5
3	Don Keenan	Witney RR	U17	24.7
4	Ben Hodges	CLC Striders	U17	26.1
5	Eli Barnett	Sutton	M40	27.1

Mixed males

Event: 200M , Heat 8 (M40, U17, JM, SM)				
Pos	Name	Club	Cat	Perf.
1	Michael Gardiner	Cheltenham & Co. Harriers	M40	23.4
2	Jacob White	Yate	U17	23.9
3	Edward Lantzoz	Newport Harriers	JM	24.1
4	Sam Benfield	Witney RR	JM	24.4
5	Christopher Lambing	Univ of Bath	SM	24.6

Mixed Male

Event: 200M , Heat 7 (JM, U17, SM)				
Pos	Name	Club	Cat	Perf.
1	Gareth Hopkins	Cardiff AAC	JM	22.2
2	Alex Bradnick	Worcester AC	U17	22.9
3	Oliver Edwards	Newport Harriers	U17	23.3

Mixed Male

4	Joel Clutterbuck	Stroud & District	U17	23.5
5	James Colclough	Kidd & Stourport	SM	24.0

Event: 200M , Heat 6 (U17, U15, M60)				
Pos	Name	Club	Cat	Perf.
1	Kacey Garraway	Stroud & District	U17	24.6
2	Tom Pontin	Yate & District	U15	25.8
3	Ben Thomas	Cheltenham & Co. Harriers	U15	27.0
4	Jack Olliffe	White Horse H	U15	27.3
5	John Barrus	Stroud & District	M60	28.4

Mixed males

Event: 200M , Heat 5 (U13B)				
Pos	Name	Club	Cat	Perf.
1	Jacob Pickering	Cheltenham & Co. Harriers	U13B	28.8
2	James Curran	Witney RR	U13	29.5
3	Chris Bell-Hartley	Cheltenham & Co. Harriers	U13B	30.2
4	Linton Gardiner	Cheltenham & Co. Harriers	U13B	30.3
5	Harry Johnson	Unattached	U13	30.7
6	Sam Johnson	Unattached	U13	31.6

all U13B

Event: 200M , Heat 4 (F50, U17W, JL)				
Pos	Name	Club	Cat	Perf.
1	Jane Horder	Cheltenham & Co. Harriers	F50	28.3
2	Francesca Courtney	Cheltenham & Co. Harriers	U17W	29.2
3	Alice Thomas	Cirencester AC	JL	29.8
4	Georgia Cohen	Cheltenham & Co. Harriers	U17W	30.1

MixedLadies

Event: 200M , Heat 3 (SL, U17, JL)				
Pos	Name	Club	Cat	Perf.
1	Caryl Granville	Carmarthen Harriers	SL	25.4
2	Amber Griffiths	Worcester AC	U17	26.7
3	Ashley Helsby	Liverpool Harriers	JL	26.7
4	Ffion Kelly	Cheltenham & Co. Harriers	U17	27.9
5	Megan Humphreys	Worcester AC	U17	30.2

Mixed ladies

Event: 200M , Heat 2 (U15G)				
Pos	Name	Club	Cat	Perf.
1	Harriet Sawle	Cheltenham & Co. Harriers	U15G	27.6
2	Lauren Oswald	Cheltenham & Co. Harriers	U15G	27.7
3	Lurenda Mudd	Gloucester AC	U15	27.7
4	Ayesha Gardiner	Cheltenham & Co. Harriers	U15	28.3
5	Jade Allard	Worcester AC	U15	28.9
6	Hannah Foward	Cheltenham & Co. Harriers	U15G	29.2

All U15G

Event: 200M , Heat 1 (U13G)				
Pos	Name	Club	Cat	Perf.
1	Talitha Walker-Warne	Cheltenham & Co. Harriers	U13G	28.9
2	Katie Foward	Cheltenham & Co. Harriers	U13G	29.6

U13G

Event: 800M, Heat 6 (U17, U15B, M40, SM)				
Pos	Name	Club	Cat	Perf.
1	Daniel Owen	Cheltenham & Co. Harriers	U17	2.08.3
2	Patrick Sekinger	Cheltenham & Co. Harriers	U15B	2.13.2
3	Phil Jowett	CLC Striders	M40	2.14.3

Mixed males

4	Carsten Adams	Cheltenham & Co. Harriers	U17	2.15.3
5	Jordan Frapwell	Stroud & District	U17	2.16.3
6	Tom Thorneycroft	CLC Striders	SM	2.26.6
7	David Lowthian	Severn	M40	2.28.3
8	Olly Sheppan	Team Bath	U17	2.28.9

Event: 800M, Heat 5 (SL, SM, JM, M45, U17)

Mixed males/female

Pos	Name	Club	Cat	Perf.
1	Rose Ann Galligan	Gloucester AC	SL	2.06.1
2	Elliot Prince	Cheltenham & Co. Harriers	SM	2.07.0
3	Ashley Bishop	CLC Striders	JM	2.08.3
4	Brett Davis	Newport Harriers	M45	2.09.5
5	James Ritter	White Horse H	U17	2.12.0
6	Marcos Garcia Garcia	AA Moratalaz	JM	2.16.2

Event: 800M, Heat 4 (U17, JM, SM, U15)

Mixed males

Pos	Name	Club	Cat	Perf.
1	Thomas Purnell	Stroud & District	U17	1.59.4
2	Vosy Bagnall	Bristol & West	JM	2.00.4
3	Martin Flook	Bristol & West	SM	2.01.1
4	Robert Galt	Unattached	JM	2.02.0
5	Seb Foy	Cheltenham & Co. Harriers	SM	2.04.5
6	D Gilbert	Severn	SM	2.05.6
7	Richard Dare	CLC Striders	SM	2.05.7
8	Will Paulson	Stroud & District	U15	2.08.4
9	Chris Lowe	Witney RR	JM	2.09.8

Event: 800M, Heat 3 (U15B, JL)

Mixed boys & girls

Pos	Name	Club	Cat	Perf.
1	Andrew Scull	Cheltenham & Co. Harriers	U15B	2.10.2
2	Adam Thrall	Gloucester AC	U15	2.10.4
3	Callum Brand	Cheltenham & Co. Harriers	U15	2.14.3
4	Kyran Hale	Severn	U15	2.17.9
5	Matthew Parr	Cheltenham & Co. Harriers	U15	2.20.1
6	Dan Bagnall	Bristol & West	U15	2.21.3
7	Matthew Doyle	Stroud & District	U15	2.23.5
8	Jack Fear	Newport Harriers	U15	2.24.0
9	Christopher Wright	Cheltenham & Co. Harriers	U15B	2.24.5
10	Thea Marshall	Stroud & District	U15	2.28.3
11	Katy Townsend	Cheltenham & Co. Harriers	U15	2.29.9
12	Vanessa Brann	Bristol & West	JL	2.31.5
13	Jethro Pickering	Stroud & District	U15	2.35.8

Event: 800M, Heat 2 (U13B)

U13 Boys

Pos	Name	Club	Cat	Perf.
1	Jacob Pickering	Cheltenham & Co. Harriers	U13B	2.29.3
2	John Roberts	Newport Harriers	U13	2.36.0
3	Carwyn Penny	Newport Harriers	U13	2.36.9
4	Tom Wood	Cheltenham & Co. Harriers	U13	2.42.9
5	Harrison Iddles	Cheltenham & Co. Harriers	U13	2.50.0
6	Ben Roberts	Cheltenham & Co. Harriers	U13	2.54.1
7	Iain Clarke-Coast	Cheltenham & Co. Harriers	U13B	2.58.3
8	Jonathan Parr	Cheltenham & Co. Harriers	U13B	3.02.7

Event: 800M, Heat 1 (U15, U13G, F55)

Mixed ladies

Pos	Name	Club	Cat	Perf.
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1	Samantha Roberts	Gloucester AC	U15	2.37.0
2	Bethan Skuse	Cheltenham & Co. Harriers	U13G	2.43.6
3	Rachel See	Cheltenham & Co. Harriers	U13	2.57.3
4	Annie Ablett	Cheltenham & Co. Harriers	U13G	2.58.5
5	Joyce Barrus	Stroud & District	F55	2.59.5
6	Cailin Tootell	Stroud & District	U13	3.27.3

Event: Mile, Heat 2 (SM, U17, M45, U13, SL, M55)

Mixed males/females

Pos	Name	Club	Cat	Perf.
1	James Gibbs	CLC Striders	SM	5.19.4
2	Alex Mills	White Horse H	U17	5.20.5
3	Steve Sandalls	Evesham Vale RC	SM	5.25.9
4	Mal Cowton	Yate & District	M45	5.27.0
5	Darryn McAtee	Newport Harriers	M45	5.32.4
6	Fenella Madeley	Forest Of Dean	U13	5.52.8
7	Nina Oates	CLC Striders	SL	6.03.1
8	David Proffitt	Newport Harriers	M55	6.05.5
9	Rachel Vines	CLC Striders	SL	6.10.2
10	David Doherty	Unattached	M45	6.17.0
11	Huw Vaughan	Unattached	M45	6.29.4

Event: Mile, Heat 1 (JM, U17, SM, U15)

Mixed males

Pos	Name	Club	Cat	Perf.
1	Matthew Withey	Stroud & District	JM	4.38.3
2	Emrys Penny	Newport Harriers	U17	4.54.0
3	Iain Devlin	Cheltenham & Co. Harriers	SM	4.56.0
4	Kyran Hale	Severn	U15	4.57.7
5	Zak Tobias	Bristol & West	U15	5.00.1
6	Andrew Kaighin	Cheltenham & Co. Harriers	JM	5.06.3
7	Stuart Pearce	Newport Harriers	SM	5.14.8
8	Jack Evans	Gloucester AC	U17	5.22.1
9	Marcos Garcia Garcia	AA Moratalaz	JM	5.32.1

Event: Shot, Heat 7 (U15, U13)

U15B/U13Bs

Pos	Name	Club	Cat	Perf.
1	George Salter	Stroud & District	U15	11.31
2	Thomas Fellowes	Hereford & County	U15	8.51
3	Callum Brand	Cheltenham & Co. Harriers	U15	8.02
4	Matthew Lee	Birchfield Harriers	U15	8.01
5	Scott Jones	Cheltenham & Co. Harriers	U13	5.84

Event: Shot, Heat 6 (JM, U17)

Juniors/U17M

Pos	Name	Club	Cat	Perf.
1	Gareth Winter	Severn AC	JM	14.87
2	Robert Wallace	Cheltenham & Co. Harriers	U17	10.67
3	Tim Champion	Gloucester AC	U17	10.46
4	James Taylor	Stroud & District	U17	10.39

Event: Shot, Heat 5 (U15, U15G)

U15G

Pos	Name	Club	Cat	Perf.
1	Annabel Sherry	Cheltenham & Co. Harriers	U15	11.03
2	Emma Croke	Hereford & County	U15	9.92
3	Hannah Richards	Severn AC	U15	8.01
4	Melissa Bird	Cheltenham & Co. Harriers	U15	7.19
5	Chloe Hill	Cheltenham & Co. Harriers	U15G	6.85
6	Megan Poulson	Unattached	U15	5.75

Event: Shot, Heat 4 (U13G)					U13G
Pos	Name	Club	Cat	Perf.	
1	Danielle Bird	Cheltenham & Co. Harriers	U13G	8.79	
2	Katie Debonis	Cheltenham & Co. Harriers	U13G	6.97	
3	Lauren Richards	Severn AC	U13	6.41	
4	Bethan Skuse	Cheltenham & Co. Harriers	U13G	6.24	
5	Amy Stainton	Solihull & Small Heath	U13	6.20	
6	Ellen Thrall	Gloucester AC	U13	5.91	
7	Annie Ablett	Cheltenham & Co. Harriers	U13G	5.04	
8	Lauren Poulson	Cheltenham & Co. Harriers	U13	4.34	

Event: Shot, Heat 3 (JL, SL, L40, U17W, F70)					Ladies U17 upwards
Pos	Name	Club	Cat	Perf.	
1	Anna Stevens	Team Southampton	JL	9.10	
2	Helen Hanstock	Cheltenham & Co. Harriers	SL	8.52	
3	Ruth Bird	Cheltenham & Co. Harriers	L40	8.19	
4	Charlotte Lawson	Cheltenham & Co. Harriers	U17W	7.75	
5	Liz Joyce	Cheltenham & Co. Harriers	F70	4.02	

Event: Long Jump, Heat 6 (SL, L40)					Mixed ladies
Pos	Name	Club	Cat	Perf.	
1	Helen Hanstock	Cheltenham & Co. Harriers	SL	5.07	
2	Ruth Bird	Cheltenham & Co. Harriers	L40	2.85	

Event: Long Jump, Heat 5 (U17, U17W)					Mixed male/females
Pos	Name	Club	Cat	Perf.	
1	Yesper Adams	Cheltenham & Co. Harriers	U17	5.11	
2	Sophie Clifford	Stroud & District	U17	4.66	
3	Jess Collins	Cheltenham & Co. Harriers	U17W	4.43	

Event: Long Jump, Heat 4 (U15B)					U15B
Pos	Name	Club	Cat	Perf.	
1	Ian Moore	Cheltenham & Co. Harriers	U15B	5.00	
2	Matthew Lee	Birchfield Harriers	U15	4.93	
3	Patrick Sekinger	Cheltenham & Co. Harriers	U15B	4.92	
4	George Wilkins	Cheltenham & Co. Harriers	U15	4.36	
5	Christopher Wright	Cheltenham & Co. Harriers	U15B	3.98	

Event: Long Jump, Heat 3 (U15, U15G)					U15G
Pos	Name	Club	Cat	Perf.	
1	Katie Stanton	Solihull & Small Heath	U15	4.90	
2	Hannah Bell-Hartley	Cheltenham & Co. Harriers	U15G	4.35	
3	Georgie Greenwood	Worcester AC	U15	4.09	
4	Tasha Webster	Hereford & County	U15	3.74	

Event: Long Jump, Heat 2 (U13B)					U13B
Pos	Name	Club	Cat	Perf.	
1	Jacob Pickering	Cheltenham & Co. Harriers	U13B	4.11	
2	Elliott Hill	Cheltenham & Co. Harriers	U13B	3.93	
3	Linton Gardiner	Cheltenham & Co. Harriers	U13B	3.90	
4	Chris Bell-Hartley	Cheltenham & Co. Harriers	U13B	3.80	
5	Thomas Fensome	Cheltenham & Co. Harriers	U13B	3.54	
6	Jack Roberts	Cheltenham & Co. Harriers	U13B	3.31	

7	Lauren Poulson	Cheltenham & Co. Harriers	U13	3.09
8	Jonathan Parr	Cheltenham & Co. Harriers	U13B	2.86

Event: Long Jump, Heat 1 (U13G)					U13G
Pos	Name	Club	Cat	Perf.	
1	Megan Bishop	Cheltenham & Co. Harriers	U13G	3.75	
2	Mollie Courtney	Cheltenham & Co. Harriers	U13G	3.46	

Event: Hammer, Heat 9 (SM)					SM
Pos	Name	Club	Cat	Perf.	
1	Andrew Windley	Stroud & District	SM	41.28	
2	Martin Gurr	Cheltenham & Co. Harriers	SM	26.78	

Event: Hammer, Heat 8 (JM)					JM
Pos	Name	Club	Cat	Perf.	
1	Mike Tommey	Birchfield Harriers	JM	53.86	
2	Gareth Winter	Severn AC	JM	27.25	

Event: Hammer, Heat 7 (U17)					U17M
Pos	Name	Club	Cat	Perf.	
1	Robert Wallace	Cheltenham & Co. Harriers	U17	43.42	

Event: Hammer, Heat 6 (U15)					U15B
Pos	Name	Club	Cat	Perf.	
1	Thomas Fellowes	Hereford & County	U15	25.66	

Event: Hammer, Heat 5 (U13)					U13B
Pos	Name	Club	Cat	Perf.	
1	Scott Jones	Cheltenham & Co. Harriers	U13	15.90	

Event: Hammer, Heat 4 (SL, L35)					S Ladies
Pos	Name	Club	Cat	Perf.	
1	Anna Robertson	Hereford & County	SL	39.33	
2	Linsey Hutchins	Cheltenham & Co. Harriers	L35	21.25	

Event: Hammer, Heat 3 (JL)					JL
Pos	Name	Club	Cat	Perf.	
1	Anna Stevens	Team Southampton	JL	29.2	

Event: Hammer, Heat 2 (U15)					U15G
Pos	Name	Club	Cat	Perf.	
1	Emma Croke	Hereford & County	U15	40.01	
2	Annabel Sherry	Cheltenham & Co. Harriers	U15	33.37	
3	Danielle Bird	Cheltenham & Co. Harriers	U15	31.20	

Event: Hammer, Heat 1 (U13G)					U13G
Pos	Name	Club	Cat	Perf.	
1	Melissa Bird	Cheltenham & Co. Harriers	U13G	18.54	