

Event: 75M H, Heat 1 (U15, U15G)				
Posn	Name	Club	Age Group	Perf.
1	Alice Conquest	Cheltenham & Co. Harriers	U15	13.6
2	Hannah Bell-Hartley	Cheltenham & Co. Harriers	U15G	14.4

U15 girls

Event: 80M H, Heat 1 (U17, U17W)				
Posn	Name	Club	Age Group	Perf.
1	Olivia Wilding	Hereford & County	U17	13.0
2	Francesca Courtney	Cheltenham & Co. Harriers	U17W	13.6

U17W

Event: 100M H, Heat 1 (JM, SL)				
Posn	Name	Club	Age Group	Perf.
1	Ashley Helsby	Liverpool Harriers	JM	15.1
2	Rebecca Courtenay	Cheltenham & Co. Harriers	SL	17.2
3	Helen Hanstock	Cheltenham & Co. Harriers	SL	17.3

Junior & Senior ladies

Event: 110M H, Heat 1 (U17M)				
Posn	Name	Club	Age Group	Perf.
1	Jamie Courtenay	Cheltenham & Co. Harriers	U17M	16.8

U17M

Event: 100M, Heat 5 (U17, JM)				
Posn	Name	Club	Age Group	Perf.
1	Andrew Lord	Cheltenham & Co. Harriers	U17	12.0
2	Alex Bettridge	Worcester AC	JM	12.2
3	Dom Keenan	Witney RR	U17	12.6
4	Yesper Adams	Cheltenham & Co. Harriers	U17	13.9

Juniors & U17s

Event: 100M, Heat 4 (U13B)				
Posn	Name	Club	Age Group	Perf.
1	Jacob Pickering	Cheltenham & Co. Harriers	U13B	14.9
2	Eli Gibney	Unattached	U13	16.0
3	Harrison Iddles	Cheltenham & Co. Harriers	U13	17.0

all U13Bs

Event: 100M, Heat 3 (JL, SL, U17W)				
Posn	Name	Club	Age Group	Perf.
1	Ashley Helsby	Liverpool Harriers	JL	13.2
2	Rebecca Courtenay	Cheltenham & Co. Harriers	SL	13.7
3	Helen Hanstock	Cheltenham & Co. Harriers	SL	14.0
4	Francesca Courtney	Cheltenham & Co. Harriers	U17W	14.6
5	Hannah Jarvis	Witney RR	U17	14.7
6	Emma Loveridge	CLC Striders	SL	15.6

mixed ladies

Event: 100M, Heat 2 (U15, U15G)				
Posn	Name	Club	Age Group	Perf.
1	Kate Stainton	Solihull & SH	U15	13.6
2	Harriet Sawle	Cheltenham & Co. Harriers	U15G	13.9
3	Lurenda Mudd	Gloucester AC	U15	14.2
4	Shannon Crewe	Stroud & District	U15	15.1

all U15Gs

Event: 100M, Heat 1 (U13G)				
Posn	Name	Club	Age Group	Perf.
1	Katie Debonis	Cheltenham & Co. Harriers	U13G	14.2
2	Louise Ward	Cheltenham & Co. Harriers	U13	14.8
3	Elinor Winfield	Yate & District	U13	15.1
4	Katrina Kelly	Blackpool, Wyre & Fylde	U13	15.8
5	Megan Bishop	Cheltenham & Co. Harriers	U13G	15.9

all U13Gs

6	Lauren Poulson	Cheltenham & Co. Harriers	U13G	16.7
7	Maia Hawkins	Unattached	U13	17.2

Event: 200M , Heat 3 (JM, U17, SM, M45)

Mixed ages

Posn	Name	Club	Age Group	Perf.
1	Ashley Hill	Cheltenham & Co. Harriers	JM	23.0
2	Alex Bettridge	Worcester AC	JM	24.2
3	Dom Keenan	Witney RR	U17M	24.3
4	William Merrett	Cheltenham & Co. Harriers	SM	24.8
5	Stewart Walton	Cheltenham & Co. Harriers	M45	26.5
6	Yesper Adams	Cheltenham & Co. Harriers	U17M	27.0

Event: 200M , Heat 2 (U17, U15B, U17W, U13B, SL)

Mixed ages

Posn	Name	Club	Age Group	Perf.
1	Hannah Jarvis	Witney RR	U17W	29.2
2	Christopher Wright	Cheltenham & Co. Harriers	U15B	29.3
3	Francesca Courtney	Cheltenham & Co. Harriers	U17W	29.4
4	Jack Cooper	Cheltenham & Co. Harriers	U13B	29.8
5	Linton Gardiner	Cheltenham & Co. Harriers	U13B	30.6
6	Emma Loveridge	CLC Striders	SL	31.8

Event: 200M , Heat 1 (U15, U13, U13G)

U15s & U13s

Posn	Name	Club	Age Group	Perf.
1	Lurenda Mudd	Gloucester AC	U15G	27.8
2	Alice Conquest	Cheltenham & Co. Harriers	U15G	28.9
3	Louise Ward	Cheltenham & Co. Harriers	U13G	29.8
4	Elinor Winfield	Yate & District	U13G	30.4
5	Shannon Crewe	Stroud & District	U15G	31.0
6	Megan Bishop	Cheltenham & Co. Harriers	U13G	31.9

Event: 600M, Heat 2 (SM, JM, SL, M40)

Mixed men & women

Posn	Name	Club	Age Group	Perf.
1	Richard de Camps	Gloucester AC	SM	1.27.1
2	Dave Gilbert	Severn AC	SM	1.29.5
3	Chris Lowe	Witney RR	JM	1.30.1
4	Rose Ann Galligan	Gloucester AC	SL	1.30.7
5	Ben Jones	Gloucester AC	JM	1.31.7
6	Stuart Pearce	Newport Harriers	SM	1.35.1
7	Phillip Jowett	CLC Striders	M40	1.36.6
8	Tom Boyd	CLC Striders	SM	1.49.3
9	Julia Foster	CLC Striders	SL	2.15.6

Event: 600M, Heat 1 (U15, U13)

Mixed boys & girls

Posn	Name	Club	Age Group	Perf.
1	Katy Townsend	Cheltenham & Co. Harriers	U15G	1.47.1
2	Megan Humphreys	Radley AC	U13G	1.49.1
3	Samantha Roberts	Gloucester AC	U15G	1.53.6
4	Harry Johnson	Unattached	U13B	1.5.84
5	Sarah Harrison	Cheltenham & Co. Harriers	U13G	2.01.3
6	Harrison Iddles	Cheltenham & Co. Harriers	U13B	2.04.3
7	Cailin Tootell	Stroud & District	U13G	2.30.9

Event: 1500M, Heat 4 (JM, U17M, M45, SL)

Mixed males & females

Posn	Name	Club	Age Group	Perf.
1	Sam Baylis	Halesowen	JM	4.22.2
2	Rowan Tibbs	Cheltenham & Co. Harriers	U17M	4.28.6
3	William New	Cheltenham & Co. Harriers	JM	4.29.1
4	Emrys Penny	Newport Harriers	U17M	4.29.4
5	Daniel Owen	Cheltenham & Co. Harriers	U17M	4.31.6
6	Daniel Hamilton	Abingdon Amblers	JM	4.34.7
7	Alex Hamilton	Abingdon Amblers	JM	4.35.6

8	Carsten Adams	Cheltenham & Co. Harriers	U17M	4.39.0
9	George Reynolds	Witney RR	JM	4.40.4
10	James Gardner	Stroud & District	U17M	4.42.5
11	Richard Phelps	Unattached	M45	4.43.3
12	James Taylor	Stroud & District	U17M	4.47.7
13	Jodie Ledger	Worcester AC	SL	4.50.7

Event: 1500M, Heat 3 (SM, M35, JM, U17)				
Posn	Name	Club	Age Group	Perf.
1	Tim Dalton	Severn AC	SM	3.57.8
2	Andy Prophet	Cheltenham & Co. Harriers	M35	3.59.8
3	Seb Duffy	Stroud & District	SM	4.00.1
4	Steve Millward	Gloucester AC	SM	4.00.6
5	Andrew de camps	Gloucester AC	SM	4.01.5
6	Nico Constanti	Gloucester AC	JM	4.02.9
7	Robert Galt	Unattached	JM	4.05.2
8	Matthew Withey	Stroud & District	JM	4.05.8
9	Sebastian Foy	Cheltenham & Co. Harriers	SM	4.17.7
10	Aaron Phelps	Stroud & District	U17M	4.19.3
11	Will Ferguson	CLC Striders	SM	4.22.1
12	Richard Dare	CLC Striders	SM	4.24.6

Mixed males

Event: 1500M, Heat 5 (M35, M45, SM, U17, M40, M55, SL)				
Posn	Name	Club	Age Group	Perf.
1	Jason Gresswell	RN AC	M35	4.55.1
2	Darryn McAtee	Newport Harriers	M45	4.53.3
3	James Gibbs	CLC Striders	SM	4.57.6
4	Jonathan Pearson	Newport Harriers	U17M	5.01.1
5	David Lowthian	Severn AC	M40	5.04.1
6	Lee Burge	CLC Striders	SM	5.07.4
7	Derrick Lord	Cheltenham & Co. Harriers	M45	5.24.1
8	David Proffitt	Newport Harriers	M55	5.33.9
9	Tertia Ritchie	Cheltenham & Co. Harriers	SL	5.52.4

mixed males & females

Event: 1500M, Heat 2 (U15, U15B, U17, SL)				
Posn	Name	Club	Age Group	Perf.
1	Kyran Hale	Severn AC	U15B	4.37.1
2	Patrick Sekinger	Cheltenham & Co. Harriers	U15B	4.43.0
3	Matthew Parr	Cheltenham & Co. Harriers	U15B	4.53.5
4	Jack Fear	Newport Harriers	U15B	4.58.5
5	Andrew Bowers	Gloucester AC	U15B	4.59.1
6	Matthew Doyle	Stroud & District	U15B	5.00.6
7	Thea Marshall	Stroud & District	U17W	5.13.2
8	Elizabeth Sandham	Cheltenham & Co. Harriers	U17W	5.21.4
9	Lisa Boyd	CLC Striders	SL	5.34.0
10	Rachel Vines	CLC Striders	SL	5.42.5

Mixed ages

Event: 1500M, Heat 1 (U13B)				
Posn	Name	Club	Age Group	Perf.
1	Harry Mahoney	Cheltenham & Co. Harriers	U13B	4.54.9
2	Jacob Pickering	Cheltenham & Co. Harriers	U13B	5.07.8
3	Dmitriy Nazarenko	Cheltenham & Co. Harriers	U13B	5.12.2
4	Tory Mobley	Banbury Harriers	U13G	5.15.8
5	Dominic Knowles	Cheltenham & Co. Harriers	U13B	5.24.1
6	Bethan Skuse	Cheltenham & Co. Harriers	U13G	5.31.1
7	Eli Gibney	Unattached	U13B	5.33.5
8	Jack Cooper	Cheltenham & Co. Harriers	U13B	5.37.0
9	Amy Mobley	Banbury Harriers	U13G	6.05.4

U13 Mixed

Event: Discus, Heat 9 (U13G)				
Posn	Name	Club	Age Group	Perf.

U13G

1	Melissa Bird	Cheltenham & Co. Harriers	U13G	19.03
2	Mollie Courtney	Cheltenham & Co. Harriers	U13G	13.48

Event: Discus, Heat 8 (U15)				
Posn	Name	Club	Age Group	Perf.
1	Chloe Hill	Cheltenham & Co. Harriers	U15	19.62

Event: Discus, Heat 7 (U17W)				
Posn	Name	Club	Age Group	Perf.
1	Charlotte Lawson	Cheltenham & Co. Harriers	U17W	24.77
2	Laura Langton	Cheltenham & Co. Harriers	U17	22.89

Event: Discus, Heat 6 (L40)				
Posn	Name	Club	Age Group	Perf.
1	Ruth Bird	Cheltenham & Co. Harriers	L40	22.21

Event: Discus, Heat 5 (U13)				
Posn	Name	Club	Age Group	Perf.
1	Scott Jones	Cheltenham & Co. Harriers	U13	16.51

Event: Discus, Heat 4 (U15, U15B)				
Posn	Name	Club	Age Group	Perf.
1	Jonathan Clayton	Bristol & West	U15	28.81
2	Thomas Stubbs	Cheltenham & Co. Harriers	U15B	24.95

Event: Discus, Heat 3 (U17M)				
Posn	Name	Club	Age Group	Perf.
1	Jamie Courtenay	Cheltenham & Co. Harriers	U17M	30.53
2	Robert Wallace	Cheltenham & Co. Harriers	U17	31.90

Event: Discus, Heat 2 (JM)				
Posn	Name	Club	Age Group	Perf.
1	Gareth Winter	Severn AC	JM	40.34

Event: Discus, Heat 1 (SM)				
Posn	Name	Club	Age Group	Perf.
1	Richard Woodhall	Dudley & Stourbridge Harrier	SM	36.07

Event: Javelin, Heat 5 (U15G, SL, L35, L40)				
Posn	Name	Club	Age Group	Perf.
1	Issy Bailey	Cheltenham & Co. Harriers	U15G	29.42
2	Helen Hanstock	Cheltenham & Co. Harriers	SL	25.14
3	Maria Townsend	Yate & District	SL	24.86
4	Linsey Hutchins	Cheltenham & Co. Harriers	L35	22.39
5	Ruth Bird	Cheltenham & Co. Harriers	L40	14.73

Event: Javelin, Heat 4 (U15, U15B)				
Posn	Name	Club	Age Group	Perf.
1	William Sage	Cheltenham & Co. Harriers	U15	34.22
2	Callum Brand	Cheltenham & Co. Harriers	U15	28.37
3	Thomas Stubbs	Cheltenham & Co. Harriers	U15B	25.83
4	George Gilder	Cheltenham & Co. Harriers	U15	25.75
5	Fergus Lane	Unattached	U15	25.65

Event: Javelin, Heat 3 (U13, U13B)				
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Posn	Name	Club	Age Group	Perf.
1	Louis Cambridge	Cheltenham & Co. Harriers	U13	23.92
2	Thomas Fensome	Cheltenham & Co. Harriers	U13B	21.73
3	Scott Jones	Cheltenham & Co. Harriers	U13	20.10

Event: Javelin, Heat 2 (U13G)

U13G

Posn	Name	Club	Age Group	Perf.
1	Anna Martin	Cheltenham & Co. Harriers	U13G	22.43
2	Melissa Bird	Cheltenham & Co. Harriers	U13G	14.30
3	Annie Ablett	Cheltenham & Co. Harriers	U13G	14.27
4	Lauren Poulson	Cheltenham & Co. Harriers	U13G	13.46

Event: Shot Putt, Heat 8 (U13G)

U13G

Posn	Name	Club	Age Group	Perf.
1	Melissa Bird	Cheltenham & Co. Harriers	U13G	7.53
2	Katie Debonis	Cheltenham & Co. Harriers	U13G	6.81
3	Katrina Kelly	Blackpool, Wyre & Fylde	U13	6.48
4	Anna Martin	Cheltenham & Co. Harriers	U13G	6.46

Event: Shot Putt, Heat 7 (U13)

U13b

Posn	Name	Club	Age Group	Perf.
1	Scott Jones	Cheltenham & Co. Harriers	U13	6.15

Event: Shot Putt, Heat 6 (U15, U15B)

U15B

Posn	Name	Club	Age Group	Perf.
1	Jonathan Clayton	Bristol & West	U15	9.42
2	Thomas Stubbs	Cheltenham & Co. Harriers	U15B	9.20

Event: Shot Putt, Heat 5 (U17)

u17W

Posn	Name	Club	Age Group	Perf.
1	Laura Langton	Cheltenham & Co. Harriers	U17	6.62

Event: Shot Putt, Heat 4 (U17)

U17m

Posn	Name	Club	Age Group	Perf.
1	Robert Wallace	Cheltenham & Co. Harriers	U17	11.55
2	James Taylor	Stroud & District	U17	10.73

Event: Shot Putt, Heat 3 (JM)

JM

Posn	Name	Club	Age Group	Perf.
1	Gareth Winter	Severn AC	JM	14.07

Event: Shot Putt, Heat 2 (SL, L40)

senior ladies

Posn	Name	Club	Age Group	Perf.
1	Helen Hanstock	Cheltenham & Co. Harriers	SL	8.35
2	Ruth Bird	Cheltenham & Co. Harriers	L40	8.11

Event: Shot Putt, Heat 1 (SM)

SM

Posn	Name	Club	Age Group	Perf.
1	Richard Woodhall	Dudley & Stourbridge Harrier	SM	12.50