

Event: 100M, Heat 4 (JM, SM, M40, U17)				
Posn	Name	Club	Age Group	Perf.
1	Alexander Bettridge	Worcester AC	JM	12.2
2	Ben Rushgrove	Team Bath	SM	13.0
3	Eli Barnett	Royal Sutton Coldfield	M40	13.3
4	Yesper Adams	Cheltenham & Co. Harriers	U17	13.6

mixed males

Event: 100M, Heat 3 (U17, SM, M45)				
Posn	Name	Club	Age Group	Perf.
1	Andrew Lord	Cheltenham & Co. Harriers	U17	11.7
2	Nick O'Neill	CLC Striders	SM	11.9
3	Dom Keenan	Witney RR	U17	12.0
4	Donald Brown	Royal Sutton Coldfield	M45	12.2

Mixed males

Event: 100M, Heat 2 (U13G)				
Posn	Name	Club	Age Group	Perf.
1	Katie Debonis	Cheltenham & Co. Harriers	U13G	14.3
2	Emily Oswald	Cheltenham & Co. Harriers	U13G	14.6
3	Annie Ablett	Cheltenham & Co. Harriers	U13G	16.9
4	Hannah Hamilton	Cheltenham & Co. Harriers	U13G	17.5

all u13G

Event: 100M, Heat 1 (U15, U17, U13G)				
Posn	Name	Club	Age Group	Perf.
1	Lurenda Mudd	Gloucester AC	U15	13.5
2	Hannah Jarvis	Witney RR	U17	14.1
3	Louise Ward	Cheltenham & Co. Harriers	U13G	14.3
4	Katie Foward	Cheltenham & Co. Harriers	U13G	14.5
5	Lauren Poulson	Cheltenham & Co. Harriers	U13G	16.6

Mixed young ladies

Event: 200M, Heat 7 (U13B)				
Posn	Name	Club	Age Group	Perf.
1	Jack Cooper	Cheltenham & Co. Harriers	U13B	29.6
2	Harry Roper	Cheltenham & Co. Harriers	U13B	31.4
3	Harrison Iddles	Cheltenham & Co. Harriers	U13	33.2
4	Scott Jones	Cheltenham & Co. Harriers	U13	33.4

All U13B

Event: 200M, Heat 6 (U17, JM, M45, M40, U15)				
Posn	Name	Club	Age Group	Perf.
1	Andrew Lord	Cheltenham & Co. Harriers	U17	23.5
2	Alexander Bettridge	Worcester AC	JM	23.9
3	Dom Keenan	Witney RR	U17	24.1
4	Donald Brown	Royal Sutton Coldfield	M45	24.9
5	Eli Barnett	Royal Sutton Coldfield	M40	26.5
6	Adam Thrall	Gloucester AC	U15	27.9

Mixed men

Event: 200M, Heat 5 (U13B)				
Posn	Name	Club	Age Group	Perf.
1	Harry Mahoney	Cheltenham & Co. Harriers	U13B	28.0
2	Jacob Pickering	Cheltenham & Co. Harriers	U13B	29.3
3	Harry Johnson	Unattached	U13	30.8
4	Scott Johnson	Unattached	U13	31.3

All U13B

Event: 200M, Heat 4 (U17W)				
Posn	Name	Club	Age Group	Perf.
1	Francesca Courtney	Cheltenham & Co. Harriers	U17W	28.9
2	Hannah Jarvis	Witney RR	U17	29.9
3	Alice Thomas	Cirencester AC	U17	30.5

U17 Ladies

Event: 200M, Heat 3 (U15, U15G, SL)				
Posn	Name	Club	Age Group	Perf.
1	Lurenda Mudd	Gloucester AC	U15	27.5
2	Emily Pascoe	Cheltenham & Co. Harriers	U15G	27.9
3	Ayesha Gardiner	Cheltenham & Co. Harriers	U15	28.3
4	Helen Hanstock	Cheltenham & Co. Harriers	SL	28.6

mixed ladies

Event: 200M, Heat 2 (U13G)				
Posn	Name	Club	Age Group	Perf.
1	Louise Ward	Cheltenham & Co. Harriers	U13G	29.7
2	Emily Oswald	Cheltenham & Co. Harriers	U13G	30.7
3	Bethan Skuse	Cheltenham & Co. Harriers	U13G	31.0
4	Mollie Courtney	Cheltenham & Co. Harriers	U13G	32.9

All U13G

Event: 200M, Heat 1 (U13G)				
Posn	Name	Club	Age Group	Perf.
1	Talitha Walker-Warne	Cheltenham & Co. Harriers	U13G	28.8
2	Katie Debonis	Cheltenham & Co. Harriers	U13G	29.5
3	Anna Martin	Cheltenham & Co. Harriers	U13	30.6
4	Sarah Harrison	Cheltenham & Co. Harriers	U13G	32.5

All U13G

Event: 300M, Heat 1 (U17, U15G, U13B)				
Posn	Name	Club	Age Group	Perf.
1	Ffion Kelly	Cheltenham & Co. Harriers	U17	44.4
2	Hannah Foward	Cheltenham & Co. Harriers	U15G	45.6
3	Melissa Baverstock	Stroud & District	U15	49.0
4	Iain Clarke-Coast	Cheltenham & Co. Harriers	U13B	52.7

Mixed males/female

Event: 400M H, Heat 1 (SM)				
Posn	Name	Club	Age Group	Perf.
1	Joe Lloyd	Unattached	SM	55.2

M35 vet

Event: 400M , Heat 1 (SM, U17, U15B, SL)				
Posn	Name	Club	Age Group	Perf.
1	Andy Prophett	Cheltenham & Co. Harriers	SM	53.9
2	James Taylor	Stroud & District	U17	55.8
3	Tommaso Migliuolo	Cheltenham & Co. Harriers	U17	56.6
4	Patrick Sekinger	Cheltenham & Co. Harriers	U15B	58.1
5	Carsten Adams	Cheltenham & Co. Harriers	U17	59.6
6	Gemma Turtle	Gloucester AC	SL	61.9

Mixed men/ 1 lady

Event: 800M, Heat 7 (JM, U15, SL)				
Posn	Name	Club	Age Group	Perf.
1	Sam Bayliss	Halesowen	JM	2.07.3
2	Ashley Bishop	CLC Striders	JM	2.09.2
3	Ben Jones	Gloucester AC	JM	2.09.6
4	Adam Thrall	Gloucester AC	U15	2.09.6
5	Gemma Turtle	Gloucester AC	SL	2.11.0
6	Hannah Abraham	Cardiff	SL	2.15.6
7	William New	Cheltenham & Co. Harriers	JM	2.15.9
8	Kyran Hale	Severn AC	U15	2.17.5

Mixed males, 1 lady

Event: 800M, Heat 6 (M40, M45, JM, U15, SM)				
Posn	Name	Club	Age Group	Perf.
1	Richard Phelps	Stroud & District	M40	2.14.2
2	Phillip Jowett	CLC Striders	M40	2.16.1
3	Mal Cowton	Yate & District	M45	2.17.8
4	Jon Barnes	Hereford	JM	2.18.9
5	Stewart Walton	Cheltenham & Co. Harriers	M45	2.21.6
6	Matthew Parr	Cheltenham & Co. Harriers	U15	2.23.2
7	J Thorneycroft	CLC Striders	SM	2.28.5
8	Tom Byrd	CLC Striders	SM	2.35.4
9	David Proffitt	Newport H	SM	2.42.4

Mixed males

Event: 800M, Heat 4 (U17, JM, SM, U15)				
Posn	Name	Club	Age Group	Perf.
1	Thomas Purnell	Stroud & District	U17	1.58.4
2	Toby Spencer	Solihull & S H	JM	2.00.3
3	Ed Womersley	Stroud & District	SM	2.00.5
4	Will Ferguson	CLC Striders	SM	2.03.4
5	Will Paulson	Stroud & District	U15	2.03.6
6	Richard Dare	CLC Striders	SM	2.05.0
7	Aaron Phelps	Stroud & District	U17	2.06.7
8	Andrew Kaar	Solihull & S H	SM	2.08.2

Mixed males

Event: 800M, Heat 3 (U13B)				
Posn	Name	Club	Age Group	Perf.
1	Harry Mahoney	Cheltenham & Co. Harriers	U13B	2.24.6
2	Liam Bradley	Newport H	U13	2.30.3
3	Jacob Pickering	Cheltenham & Co. Harriers	U13B	2.32.7
4	Dmitriy Nazarenko	Cheltenham & Co. Harriers	U13B	2.35.0
5	Dominic Knowles	Cheltenham & Co. Harriers	U13B	2.39.3
6	Harry Johnson	Unattached	U13	2.42.7
7	Harrison Iddles	Cheltenham & Co. Harriers	U13	2.47.8
8	Scott Johnson	Unattached	U13	2.47.8
9	Jack Roberts	Cheltenham & Co. Harriers	U13B	2.54.5
10	Ben Roberts	Cheltenham & Co. Harriers	U13	3.02.7
11	Jonathan Parr	Cheltenham & Co. Harriers	U13B	3.03.2

All U13B

Event: 800M, Heat 2 (U17, U15, SL)				
Posn	Name	Club	Age Group	Perf.
1	Amber Watson	Stroud & District	U17	2.15.0
2	Imogen Briscoe	Stroud & District	U15	2.22.7
3	Louise Durman	Stroud & District	SL	2.27.7
4	Thea Marshall	Stroud & District	U17	2.28.9

Mixed ladies

Event: 800M, Heat 1 (JL, U15, U13G, U15G)				
Posn	Name	Club	Age Group	Perf.
1	Vanessa Brann	Bristol & West	JL	2.29.6
2	Katy Townsend	Cheltenham & Co. Harriers	U15	2.34.5
3	Talitha Walker-Warne	Cheltenham & Co. Harriers	U13G	2.38.2
4	Bethan Skuse	Cheltenham & Co. Harriers	U13G	2.39.0
5	Sarah Harrison	Cheltenham & Co. Harriers	U13G	2.55.4
6	Rachel See	Cheltenham & Co. Harriers	U15G	2.57.8
7	Cailin Tootell	Stroud & District	U13	3.34.1

Mixed Ladies

Event: Pole Vault, Heat 3 (SM, JM, M45)				
Posn	Name	Club	Age Group	Perf.
1	Scott Simpson	Birchfield H	SM	4.70
2	David Guest	Bridgend	JM	4.50
3	Nick Walker	Severn AC	M45	3.20

Junior & senior men

Event: Pole Vault, Heat 2 (U17)				
Posn	Name	Club	Age Group	Perf.
1	Lewis Newton	Cardiff	U17	4.00
2	Stephen Guest	Bridgend	U17	3.80
3	James Taylor	Stroud & District	U17	3.10

U17M

Event: Pole Vault, Heat 1 (JL, SL)				
Posn	Name	Club	Age Group	Perf.
1	Maria Seager	Woodford Green & EL	JL	3.80
2	Bryony Raine	Cardiff	JL	3.70
3	Louise Butterworth	Birchfield H	SL	3.70
4	Sally Peake	Liverpool	SL	3.50
5	Hannah Abraham	Cardiff	SL	3.50
6	Eleanor Lewis	Cardiff	JL	3.40

jun & sen ladies

Event: Triple Jump, Heat 5 (SL, L40)				
Posn	Name	Club	Age Group	Perf.
1	Helen Hanstock	Cheltenham & Co. Harriers	SL	10.51
2	Ruth Bird	Cheltenham & Co. Harriers	L40	7.02

Sen Ladies

Event: Triple Jump, Heat 4 (M45)				
Posn	Name	Club	Age Group	Perf.
1	Charlie Batts	Witney RR	M45	10.30

MV45

Event: Triple Jump, Heat 3 (U17)				
Posn	Name	Club	Age Group	Perf.
1	Carsten Adams	Cheltenham & Co. Harriers	U17	10.74

U17M

Event: Triple Jump, Heat 2 (U17)				
Posn	Name	Club	Age Group	Perf.
1	Julia James	Unattached	U17	10.26

Event: Triple Jump, Heat 1 (U13G)				
Posn	Name	Club	Age Group	Perf.
1	Melissa Bird	Cheltenham & Co. Harriers	U13G	6.61

U13G

Event: Javelin, Heat 8 (SM)				
Posn	Name	Club	Age Group	Perf.
1	Ben Wilkinson	Cheltenham & Co. Harriers	SM	50.58

SM

Event: Javelin, Heat 7 (JM)				
Posn	Name	Club	Age Group	Perf.
1	Jon Barnes	Hereford	JM	31.71

Junior Men

Event: Javelin, Heat 6 (U15)				
Posn	Name	Club	Age Group	Perf.
1	William Sage	Cheltenham & Co. Harriers	U15	37.49
2	Fergus Litstone	Cheltenham & Co. Harriers	U15	25.87
3	Matthew Parr	Cheltenham & Co. Harriers	U15	16.10

u15B

Event: Javelin, Heat 5 (U13, U13B)				
Posn	Name	Club	Age Group	Perf.
1	Louis Cambridge	Cheltenham & Co. Harriers	U13	24.69
2	Harry Roper	Cheltenham & Co. Harriers	U13B	19.83

U13B

Event: Javelin, Heat 4 (SL, L40, F70)				
Posn	Name	Club	Age Group	Perf.
1	Helen Hanstock	Cheltenham & Co. Harriers	SL	25.70
2	Maria Townsend	Yate & District	SL	24.31
3	Ruth Bird	Cheltenham & Co. Harriers	L40	20.15
4	Liz Joyce	Cheltenham & Co. Harriers	F70	9.13

Senior ladies & vets

Event: Javelin, Heat 3 (U17W)				
Posn	Name	Club	Age Group	Perf.
1	Aleina Binns	Cheltenham & Co. Harriers	U17W	36.50
2	Issy Bailey	Cheltenham & Co. Harriers	U17	29.30

U17W

Event: Javelin, Heat 2 (U15, U15G)				
Posn	Name	Club	Age Group	Perf.
1	Megan Coe	Newport H	U15	24.23
2	Kira Cooper	Cheltenham & Co. Harriers	U15G	20.84

U15G

Event: Javelin, Heat 1 (U13, U13G)				
Posn	Name	Club	Age Group	Perf.
1	Anna Martin	Cheltenham & Co. Harriers	U13	21.65
2	Katie Debonis	Cheltenham & Co. Harriers	U13G	18.90
3	Lateisha Long	Cheltenham & Co. Harriers	U13G	17.49
4	Melissa Bird	Cheltenham & Co. Harriers	U13G	13.93
5	Annie Ablett	Cheltenham & Co. Harriers	U13G	13.65
6	Lauren Poulson	Cheltenham & Co. Harriers	U13G	12.45
7	Ellen Thrall	Gloucester AC	U13	12.06
8	Hannah Hamilton	Cheltenham & Co. Harriers	U13G	10.76

U13G