

Event: 300m H, Heat 2 (M45)**Male Vet 45**

Pos	Name	Club	Cat	Perf.
1	Richard White	Worcester AC	M45	45.6

Event: 300m H, Heat 1 (U17, SL)**Mixed ladies**

Pos	Name	Club	Cat	Perf.
1	Jenny White	Worcester AC	U17	44.7
2	Sara Horder	Cheltenham & County	U17	50.0
3	Rebecca Courtney	Cheltenham & County	SL	51.7

Event: 300M , Heat 2 (U17, U15)**U15G & Junior Ladies**

Pos	Name	Club	Cat	Perf.
1	Danielle Anderson	Oxford City	U17	45.3
2	Melissa Baverstock	Gloucester	U15	47.2
3	Vanessa Brann	Hereford	U17	48.7

Event: 300M , Heat 1 (U15, U13)**U13 & U15 Mixed**

Pos	Name	Club	Cat	Perf.
1	Maddy Brown	Stroud & District	U15	43.5
2	Daniel Trueman	Stroud & District	U13	44.8
3	Imy Briscoe	Stroud & District	U15G	47.0
4	Annasley Park	Bristol & West	U13	48.3

Event: 400M , Heat 4 (SM)**SM**

Pos	Name	Club	Cat	Perf.
1	Andrew de Camps	Gloucester	SM	51.3
2	James Miller	Cheltenham & County	SM	51.8
3	Nick Kanonik	Birchfield Harriers	SM	52.1
4	Sean Buckridge	Ealing, Southall & Middlese	SM	53.2
5	Neil Crossley	Cheltenham & County	SM	53.4

Event: 400M , Heat 3 (U17, U15, SL, M55)**U15B, U17B, SL & M55 Mixed**

Pos	Name	Club	Cat	Perf.
1	Joel Clutterbuck	Stroud & District	U17	54.3
2	Daniel Large	Cheltenham & County	U17	56.4
3	Andrew Scull	Cheltenham & County	U15	57.1
4	Carolyn Plateau	Cheltenham & County	SL	59.0
5	Geoff Trueman	Stroud & District	M55	63.8

Event: 400M , Heat 2 (U17, JM, SM)**U17M, JM & SM**

Pos	Name	Club	Cat	Perf.
1	Jamie Courtenay	Cheltenham & County	U17	54.5
2	Sam Hook	Banbury	JM	54.8
3	Andy Poppleton	Worcester AC	SM	56.2
4	Ben Jones	Gloucester	JM	57.3

Event: 400M , Heat 1 (U15, U17, JL)**U15, U17 & JL Mixed**

Pos	Name	Club	Cat	Perf.
1	Dominic Keenan	Witney R R	U15	59.7
2	Gethin Richards	Gloucester	U15	60.2
3	Oliver Starkey	Stroud & District	U17	62.2

4	Emily Baker	Cheltenham & County	JL	62.9
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Event: 200M, Heat 6 (SM, M40, M45)**SM, M40 & M45**

Pos	Name	Club	Cat	Perf.
1	Nick Kanonik	Birchfield Harriers	SM	22.5
2	Sean Buckridge	Ealing, Southall & Middlese	SM	23.2
3	Michael Gardiner	Cheltenham & County	M40	23.4
4	Alex Animashaun	Harrow AC	SM	23.5
5	P J Green	Yate & District	SM	24.6
6	Stewart Walton	Cheltenham & County	M45	26.7

Event: 200M, Heat 5 (JM, U17)**JM & U17**

Pos	Name	Club	Cat	Perf.
1	Sam Hook	Banbury	JM	23.0
2	Matt Wright	Cheltenham & County	U17	23.8
3	Daniel Large	Cheltenham & County	U17	25.1

Event: 200M, Heat 4 (U15, U13)**U13 & U15 Boys**

Pos	Name	Club	Cat	Perf.
1	Dominic Keenan	Witney R R	U15	24.8
2	James Taylor	Stroud & District	U15	25.5
3	Kacey Garraway	Stroud & District	U15	25.7
4	Gethin Richards	Gloucester	U15	27.4
5	Linton Gardiner	Cheltenham & County	U13	32.7
6	Jack Brown	Unattached	U13	33.7

Event: 200M, Heat 3 (SL, U17)**SL & U17 Female**

Pos	Name	Club	Cat	Perf.
1	Rebecca Courtney	Cheltenham & County	SL	28.2
2	Jess Collins	Cheltenham & County	U17	29.8

Event: 200M, Heat 2 (U15)**U15 Girls**

Pos	Name	Club	Cat	Perf.
1	Sophie Clifford	Stroud & District	U15	26.4
2	Lauren Oswald	Cheltenham & County	U15	27.8
3	Maddy Brown	Stroud & District	U15	27.9
4	Imy Briscoe	Stroud & District	U15	28.9
5	Ayesha Gardiner	Cheltenham & County	U15	29.0
6	Becky Summers	Gloucester	U15	29.6

Event: 200M, Heat 1 (U13)**U13 Girls**

Pos	Name	Club	Cat	Perf.
1	Harriet Sawle	Cheltenham & County	U13	28.5
2	Chloe Hill	Unattached	U13	29.8
3	Megan Bishop	Cheltenham & County	U13	32.5

Event: 800M, Heat 3 (SM, JM, U17, M55, M50)**JM, SM & Vets**

Pos	Name	Club	Cat	Perf.
1	Luke Evans	Exeter	SM	1.59.6
2	Nico Constanti	Forest of Dean AC	JM	2.00.1
3	Ander Russell	Stroud & District	SM	2.01.7

4	Dan Harrison	Cheltenham & County	JM	2.09.7
5	Jordan Frapwell	Stroud & District	U17	2.15.2
6	Oliver Starkey	Stroud & District	U17	2.18.8
7	Will New	Cheltenham & County	JM	2.26.7
8	Geoff Trueman	Stroud & District	M55	2.28.6
9	Mike Anderton	Severn AC	M50	3.15.9

Event: 800M, Heat 2 (U15, U13)**U13 & U15 Boys**

Pos	Name	Club	Cat	Perf.
1	Aaron Phelps	Stroud & District	U15	2.16.2
2	Adam Thrall	Gloucester	U15	2.19.5
3	Luke Jacobs	Clevedon	U15	2.31.4
4	Daniel Trueman	Stroud & District	U13	2.37.1
5	Sam Evans	Gloucester	U13	2.40.8
6	Matt Parr	Cheltenham & County	U13	2.53.7
7	Ian Clarke-Coast	Cheltenham & County	U13	2.58.0

Event: 800M, Heat 1 (U15, U13, JL, SL, U17)**Mixed Ladies**

Pos	Name	Club	Cat	Perf.
1	Imy Briscoe	Stroud & District	U15	2.27.6
2	Annasley Park	Bristol & West	U13	2.29.5
3	Jessica Lawro	Cheltenham & County	JL	2.30.2
4	Becky Summers	Gloucester	U15	2.30.7
5	Sarah Hanley	Stroud & District	SL	2.31.0
6	Lizzie Sandham	Cheltenham & County	U15	2.31.2
7	Vanessa Brann	Hereford	U17	2.34.0
8	Katy Townsend	Cheltenham & County	U13	2.36.3
9	Rachel See	Cheltenham & County	U13	3.22.7

Event: Mile, Heat 1 (U17, U15, M55, M60)**U15G, U17B, M55 & M60**

Pos	Name	Club	Cat	Perf.
1	Brett Halliwell	Yate & District	U17	4.42.0
2	Amber Watson	Gloucester	U15	5.09.6
3	Keith Short	Gloucester	M55	5.12.6
4	Dave Spackman	Gloucester	M60	6.07.2

Event: Triple Jump, Heat 2 (U17, JL)**JL & U17G**

Pos	Name	Club	Cat	Perf.
1	Jess Collins	Cheltenham & County	U17	9.61
2	Jessica Lawro	Cheltenham & County	JL	9.50

Event: Triple Jump, Heat 1 (U17)**U17M**

Pos	Name	Club	Cat	Perf.
1	George Mayfield	Cheltenham & County	U17	12.65
2	Daniel Bullivant	Unattached	U17	12.24
3	Matt Wood	Cheltenham & County	U17	11.91

Event: Javelin, Heat 7 (SM, M50)**SM & M50**

Pos	Name	Club	Cat	Perf.
1	Neil Crossley	Cheltenham & County	SM	57.98
2	Mike Anderton	Severn AC	M50	20.02

Event: Javelin, Heat 6 (U17)**U17B**

Pos	Name	Club	Cat	Perf.
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1	Gareth Winter	Severn AC	U17	37.99
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Event: Javelin, Heat 5 (U15)**U15B**

Pos	Name	Club	Cat	Perf.
1	Liam Downer	Cheltenham & County	U15	46.02
2	Xander Brown	Stroud & District	U15	24.32
3	Andrew Scull	Cheltenham & County	U15	24.21
4	Will Sage	Cheltenham & County	U15	24.11

Event: Javelin, Heat 4 (U13)**U13B**

Pos	Name	Club	Cat	Perf.
1	Daniel Trueman	Stroud & District	U13	24.37
2	Matt Parr	Cheltenham & County	U13	19.21

Event: Javelin, Heat 3 (JL)**JL**

Pos	Name	Club	Cat	Perf.
1	Helen Hanstock	Stroud & District	JL	22.97
2	Jessica Lawro	Cheltenham & County	JL	16.06

Event: Javelin, Heat 2 (U13)**U13G**

Pos	Name	Club	Cat	Perf.
1	Anna Martin	Cheltenham & County	U13	15.52
2	Lucy James-Locke	Cheltenham & County	U13	13.67
3	Megan Bishop	Cheltenham & County	U13	12.56

Event: Javelin, Heat 1 (U17)**U17L**

Pos	Name	Club	Cat	Perf.
1	Danielle Anderson	Oxford City	U17	36.84
2	Bryony Thurbon	Cheltenham & County	U17	23.47
3	Charlotte Lawson	Cheltenham & County	U17	17.88
4	Jess Collins	Cheltenham & County	U17	15.53

Event: Pole Vault, Heat 2 (JL)**JL**

Pos	Name	Club	Cat	Perf.
1	Helen Jackson	Cheltenham & County	JL	2.20

Event: Pole Vault, Heat 1 (U17)**U17M**

Pos	Name	Club	Cat	Perf.
1	Jamie Courtenay	Cheltenham & County	U17	3.70